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**Dermaplanning Aftercare**

* Client must apply sunscreen throughout each day as skin will be sensitive to UV rays following treatment
* DO NOT use sunbeds or heat treatments for one week following treatment
* Refrain from excessive exercise on the day of treatment
* Avoid the application of makeup on the day of treatment
* Avoid false tan and sun exposure for one week following treatment
* Do not exfoliate or take part in Chemical Peels or Microdermabrasion for two weeks
* We advise returning for treatment every 5 weeks to achieve desired results

If you notice any adverse reactions or are concerning in any way please contact us on 01522 394618